



CHOICES MARKET

100% BC OWNED AND OPERATED

HOLIDAY SAVINGS!

NEXT WEEK

FRESH TURKEYS

FIND OUR FRESH, FESTIVE BIRDS IN-STORE NEXT WEEK

Prices Effective • December 12 - December 18, 2024

DISCOVER LOCAL

SPECIAL PRICE

Organic Clementine Mandarin Oranges
USA Grown, 907g Bag

\$6.98 / EA

YOU SAVE \$2.00

FEATURED CHOICE

Lawrence Meats
Easy Carve
Maple Ham

Crafted in Dawson Creek, BC,
\$11.00/KG

\$4.99 / LB

YOU SAVE 38%



YOU SAVE 39%

\$9.99 / LB

Top Sirloin Roast or Steaks

100% Grass Fed, Raised Without Antibiotics,
Pasture Raised, Value Pack, Imported, \$22.02/kg



SPECIAL PRICE

2 FOR \$3.00

Hass Avocado
Imported

YOU SAVE 56%

Andalou Naturals
Face Care &
Body Care
Assorted Varieties &
Sizes

25% OFF



Canadian Heritage
Organic Maple
Syrup
1L



YOU SAVE 30%

\$24.99 / EA

ORDER IN-STORE OR VISIT CHOICES.MARKET

Holiday Entertaining Platters

15% OFF



DISCOVER LOCAL

Choices
Party Cakes
6 Inch

YOU SAVE \$2.00

\$19.99 / EA



Imagine
Organic Broth
1L

\$4.99 / EA

YOU SAVE 37%



PRODUCE FRESH • LOCAL • ORGANIC



Organic Broccolini
Imported

\$4.98 / EA



Celery
USA Grown,
\$3.26/KG

\$1.48 / LB



Poinsettia
6 Inch Pot

\$9.99 / EA

Organic Red or Yellow Nugget Potatoes
BC Grown,
\$7.67/KG



\$3.48 / LB

Hot House Tomatoes
Imported,
\$7.67/KG



\$3.48 / LB

Gourmet Bouquet



\$24.98 / EA

MEAT & SEAFOOD RESPONSIBLY RAISED • PREMIUM QUALITY



\$6.99 / LB

Thomas Reid Organic Whole Fryers

Free Range, Non-GMO, Air Chilled, Fraser Valley Raised, \$15.41/KG



Split Chicken Wings

100% Veggie Fed, Raised Without Antibiotics, Fresh, Also Marinated, Value Pack, \$17.61/KG

\$7.99 / LB



Stapleton Sausages

Select Varieties, Frozen

15% OFF

Varieties May Vary by Store



Boneless Pork Loin Roast or Chops

Raised Without Antibiotics, Fresh, \$15.41/KG

\$6.99 / LB



Northern Glacier Hand Peeled Cooked Shrimp

Ocean Wise, Frozen, 340g

\$9.99 / EA



\$7.99 / LB

Lean Ground Beef

100% Grass Fed, Raised Without Antibiotics, Pasture Raised, Value Pack, Imported, \$17.61/KG



\$26.99 / LB

Lamb Racks or Rib Chops

Fresh, Raised Without Antibiotics, Pasture Raised, Product of New Zealand, \$59.50/KG



WILD CAUGHT

BUY 1 GET 1 FREE

Sable Fish Fillets

Fresh, Ocean Wise



\$13.49 / EA

Harvest Bacon

Naturally Smoked, No MSG Added, 500g



ONE DAY SALE!

AT OUR NORTH VANCOUVER LOCATION ONLY

WEDNESDAY, DECEMBER 18 ONLY

15% OFF*

YOUR IN-STORE PURCHASE, INCLUDING ITEMS ALREADY ON SALE!

*Excluding Lotto, Gift Card purchases. Sale available in-store only. Sale offer valid at North Vancouver location only.

CHEESE & CHOCOLATE HOLIDAY TASTING

AT CHOICES MARKET

Join us from 11:00am – 2:00pm.

Enjoy a holiday cheese and
chocolate tasting with
expert pairing tips!





**Fentimans
Tonic Water**
Also Traditional
Ginger Beer,
Select Varieties,
4 Pack

\$7⁹⁹

plus deposit & eco fees



**Sober Carpenter
Non-Alcoholic
Beer**
473ml

2 FOR \$5⁰⁰

plus deposit & eco fees



**Hardbite
Handcrafted-Style
Turkey Stuffing
Potato Chips**
Select Variety, 142g

2 FOR \$6⁰⁰



**L'Ancêtre
Organic Cheese**
200g

\$7⁹⁹



**Partners Artisan
Crackers**
114g & 124g

\$4⁹⁹



**Old Dutch
Potato Chips**
Regular and Ridgies
200g & 235g

2 FOR \$7⁰⁰



**Sunflower
Kitchen
Organic Hummus**
227g

\$4⁴⁹



Mezzetta Olives
398ml

\$6⁹⁹



**Dalla Terra
Antipasto**
375ml

\$4⁴⁹

DISCOVER LOCAL, ORGANIC AND SPECIALTY FOODS TO NOURISH YOUR BODY AND MIND



**Lundberg
Organic Rice**
907g

\$10⁹⁹



**Sprague
Organic Soup**
398ml

2 FOR \$7⁰⁰



**Cape
Herb & Spice
Giant Grinders**
Select Varieties,
240g - 390g

\$9⁹⁹



**Earth's Choice
Organic
Tomatoes**
796ml

\$4⁴⁹



**Authentica
World Cuisine
Pasta Sauce**
530ml

2 FOR \$8⁰⁰



**Maison Orphée
Cold Pressed
Toasted
Sesame Oil**
250ml

\$13⁹⁹



**Mutti
Tomatoes**
680ml

\$5⁴⁹



**Di Martino
Pasta**
Select Varieties,
500g

2 FOR \$7⁰⁰



**Gold Seal
Red Sockeye
Salmon**
213g

\$6⁴⁹

CHOICES MARKET CHRISTMAS DINNER

FOR FOUR

\$129

Leave the cooking to us this holiday. Choices Christmas Dinner comes fully prepared from our kitchen, ready to heat and eat in minutes.

TO GET STARTED

Festive Cranberry Loaf for Baking & Snacking
Butternut Squash and Roasted Garlic Soup

THE MAIN COURSE

- Roasted Stuffed RWA Turkey Breast
- Homemade Stuffing • Fresh Dinner Buns
- Homemade Turkey Gravy • Cranberry Sauce

A CHOICE OF THREE VEGGIE SIDES

- Garlic Mashed Potatoes • Roasted Potatoes
- Roasted Yam & Sweet Potato with Fennel
- Roasted Carrots • Green Beans with Slivered Almonds • Roasted Root Vegetables (Red & Golden Beets with Onions & Rutabega)

TO FINISH

Shortbread Cookies

Further satisfy your sweet tooth with our bakery's additional decadent seasonal offerings.

PRE-ORDER DEADLINE: 4PM THURSDAY, DECEMBER 19TH
SPEAK WITH A DELI CLERK TO ORDER

DISCOVER LOCAL



49th Parallel Whole Bean Coffee 340g

\$15.99

NEW PRODUCT ALERT!

DISCOVER LOCAL



Westpoint Naturals Organic Coffee Creamer 228g \$9.99

DISCOVER LOCAL



Ethical Bean Organic Ground Coffee 227g

\$11.99



Green & Black's Organic Chocolate 90g

\$5.99

FAIR TRADE



Chocolove Chocolate Bars Rainforest Alliance Certified, 85g - 90g

\$5.49



Bonne Maman Jam 250ml

\$5.99



Nuts To You Almond Butter 365g

\$8.99



Elias Gourmet Honey Liquid, 375g

\$10.99

NOURISHING LIFESTYLES SINCE 1990

DISCOVER LOCAL



Dairyland Organic Milk 4L

\$9.99

plus deposit & eco fees

DISCOVER LOCAL



Earth's Own Almond Fresh Beverage Select Varieties, 1.89L

\$3.99

plus deposit & eco fees



Greenhouse Organic Almond Milk Also Oat Milk, 946ml

\$5.99

plus deposit & eco fees

DISCOVER LOCAL



Bremner's Organic Blueberries Also Berry Blend, Frozen, 1.5kg

\$24.99

DISCOVER LOCAL



Liberté Méditerranée Yogurt 500g

\$4.99



Siggis Skyr Yogurt 650g & 750g

\$6.49



Nature's Farm Free Range Omega 3 Large Eggs Dozen \$6.99



Cows Creamery Butter 250g

\$7.49



Miyoko's Creamery Vegan Butter 227g

\$6.99

CHOICES MARKET



CHRISTMAS MENU

The Holidays can be a stressful time, so let us help you make them a little easier. Our gourmet creations are here to help you out with a few side dishes, dessert, or the whole thing if you forgot to set the oven timer again this year.

Call your local Choices Market to order in advance to ensure you get exactly what you're looking for.

THE STARTERS

Festive Cranberry Brie Loaf

12⁹⁹

Baked Brie Kit

17⁹⁹

The Entertainer's Cheese Tray

29⁹⁹



THE MAINS

Stuffed Turkey Breast Roast

Raised Without Antibiotics

4⁴⁹ / 10⁰⁰

Tourtiere

5" / 10⁹⁹ - 8" / 21⁹⁹

Complete Roast Turkey Meal

Perfect For One!

15⁹⁹

Complete Vegan Holiday Meal

Perfect For One!

14⁹⁹

SIDES AND SAUCES

Ready to Bake
Cranberry Stuffing

2²⁹ / 10⁰⁰

Apple & Herb Stuffing Tray

12⁹⁹

560 G TRAY

Cranberry Sauce

5⁹⁹

250G

Turkey Gravy

7⁹⁹

500ML

10⁹⁹

750ML

Shiitake Mushroom

Gravy

7⁹⁹

500ML

Assorted Veggie Sides

1⁶⁹ TO 2⁹⁹ / 10⁰⁰

COMPLETE HOLIDAY DINNER

We can handle it all!
Order our complete dinner for 4 featuring turkey, sides, starters and dessert.

\$129

FROM THE BAKERY

Stuffing Bread

White or Whole Wheat

5⁴⁹

Cranberry Walnut Baguette

4⁴⁹

Vegetarian Mincemeat Buns

6⁹⁹ / 6

Tarts

Mini Butter Tarts, Alternative Flour Pecan or Vegetarian Mincemeat

3⁹⁹ TO 10⁹⁹

Christmas Stollen

8⁹⁹ TO 29⁹⁹

Christmas Cakes

Light or Dark with Marzipan

13⁹⁹

Chocolate Pecan Pie

9⁹⁹

Gingerbread Decorating Kit

19⁹⁹

Shortbread

Traditional, Brown Sugar, Chocolate Dipped, Pecan Spiced, Cranberry Pistachio, or Christmas Sprinkle

6⁹⁹ / 6 PACK

...AND SO MUCH MORE!

DELI PREPARED FRESH

ORDER IN-STORE BY DECEMBER 19TH
FOR A 3-COURSE FESTIVE HOLIDAY MEAL



Choices Christmas
Dinner for 4

\$129⁰⁰



Choices
Maple Dijon
Glazed
Roasted Ham

\$349 / 100G



Petit Savoury
Appetizers
8 - 12 Pack

FROM **\$499 / EA**



Italian
Panettone
Imported,
Assorted Varieties,
600g - 1kg

FROM **\$3999**



Gyoza
Appetizer
Vegetable,
Chicken or Pork

12 FOR **\$500**

DISCOVER
LOCAL



Nicli
Artisan Pizza
12 Inch

\$1699 / EA



Habibi's
Dips &
Hummus
200g - 240g

\$449 / EA



Divina
Spreads
190g - 255g

\$899 / EA



Havarti
Cheese

\$349 / 100G



Woolwich
Triple Crème
Goat Brie
Cheese
180g

\$1299



Alexis de
Portneuf
Brie &
Camembert
Cheese
300g

\$1099

BAKERY FRESH BAKED • WHOLESOME

DISCOVER
LOCAL



Choices
Artisan Buns
4 Pack

\$399

DISCOVER
LOCAL



Choices Artisan Cookies
6 Pack

\$699

DISCOVER
LOCAL



Choices
Pumpkin Pies
8 Inch

\$999



English
Muffins
6 Pack

2 FOR **\$500**

DISCOVER
LOCAL



Silver Hills
Organic
Sprouted Bread
510g - 680g

2 FOR **\$1000**



Choices Tarts
Pecan or
Mincemeat
Pack of 6

\$999

GLUTEN
FREE



Schär
Breads or Buns
200g - 400g

15% OFF

GLUTEN
FREE



Little Northern
Bakehouse
Dinner Rolls
220g

\$699

DISCOVER
LOCAL

GLUTEN
FREE



Wendel's
Party Cakes
500g - 600g

\$1699

CHOICES MARKET
NORTH VANCOUVER
ONE DAY SALE

15% OFF*

YOUR IN-STORE PURCHASE, INCLUDING ITEMS ON SALE THROUGHOUT THE ENTIRE STORE.
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WEDNESDAY, DECEMBER 18 ONLY

CHEESE & CHOCOLATE
HOLIDAY TASTING
Join us from 11:00am - 2:00pm
Enjoy a holiday cheese and chocolate
tasting with expert pairing tips!



GROCERY

LOCAL • ORGANIC • SPECIALTY



Walkers Pure Butter Shortbread
150g **\$3.99**



Snack Factory Chocolate Pretzels
155g **\$4.99**



Schär Crackers
210g & 150g **\$7.99**
GLUTEN FREE



Snyder's Pretzels
220g **\$6.49**
GLUTEN FREE



Organic Traditions Cacao, Fruit & Seeds
Select Varieties

20% OFF



Handfuel Nut Snacks
120g & 150g

\$6.99



Haribo Gummies
170g & 175g

2 FOR \$7.00



Panda Natural Licorice
170g

2 FOR \$7.00

WELLNESS

REJUVENATE • ENERGIZE • REPAIR • STRENGTHEN



Bio-K Plus Probiotics
Dairy or Non-Dairy, Assorted Varieties, 6 Pack

\$23.99



AlgaeCal Plant Calcium
90 Caps

\$36.99



Joy of the Mountains Oil of Oregano
Assorted Sizes

20% OFF



Natural Factors CurcuminRich Theracurmin Supplements
Assorted Varieties & Sizes

20% OFF



Organika Enhanced Collagen
Assorted Varieties & Sizes

25% OFF



Vega Sport Products
Assorted Varieties & Sizes

20% OFF



Natural Factors Digestive Enzymes
Also Digestive Support, Assorted Sizes

15% OFF



New Chapter Vitamins and Supplements
Assorted Varieties & Sizes

15% OFF



Attitude Natural Care Toothpaste and Body Care
Assorted Varieties & Sizes

25% OFF



Sundhed Himalayan Bath Salts
Assorted Varieties, 850g

\$8.49



Aura Cacia Essential Oils Body Oils & Bubble Bath
Assorted Varieties & Sizes

30% OFF



La Luna The Journey Home Candles
Also Inner Journey Candles, Assorted Varieties & Sizes

25% OFF

Shop online at ChoicesMarket.com @ChoicesMarket /DiscoverChoicesMarket @ChoicesMarket



Kerrisdale - 1888 W 57th Ave, Vancouver
Yaletown - 1202 Richards St, Vancouver
Cambie - 3493 Cambie St, Vancouver
Kitsilano - 2627 W 16th Ave, Vancouver
Commercial Drive - 1045 Commercial Dr, Vancouver

North Vancouver - 801 Marine Dr, North Vancouver
South Surrey - 3248 King George Blvd, Surrey
Burnaby Crest - 8683 10th Ave, Burnaby
Abbotsford - 3033 Immel St, Abbotsford
Kelowna - 1937 Harvey Ave, Kelowna
Parksville - 319 Island Hwy East, Parksville

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